# Unbelievable Impact

#### 2022-2023 ANNUAL REPORT





Alicia Mancini President, Board of Directors



**Luc Mantha** Interim Executive Director

## **A Year of Impact and Transition**

We are delighted to present the 2022-2023 Annual Report, a reflection of a year of tremendous impact and transition within our organization. Throughout this transformative period, we have witnessed the power of resilience, adaptability, and the unwavering dedication of our community.

As public health restrictions gradually eased, we joyfully reopened our programs to pre-pandemic capacity as part of our commitment to create meaningful experiences for all those we serve.

We extend our deepest gratitude to our core funders, BGC Canada, Centraide and all levels of government for their unwavering belief in our mission and generous contributions which have enabled us to continue our vital work, even during challenging times.

During this period of transition, we also express our sincere appreciation to our outgoing Executive Director, Chad Polito, for his exemplary leadership and dedication to our mission since 2019. We are grateful for our leadership team, Marie Rousseau, Darley Polony and Cindy Cohen for leading our organization through this period of transition.

Recognizing the need to continuously assess and align our programs with our mission, we engaged a consultant to conduct an organizational assessment of our programs and services. This invaluable exercise helped us review and prioritize our programs, aligning them with our core mission. This process lead to the difficult decision to close our food bank due to increasing demands and lack of ongoing financial support. We extend our heartfelt gratitude to the staff and volunteers who have invested in this program over the years and to our community partners who rallied together to ensure that those who relied on our food bank services were connected with alternative resources.

None of our accomplishments would have been possible without the incredible dedication of our volunteers, staff and board members. Their unwavering commitment and extraordinary efforts have been instrumental in delivering high-quality programs and services, making a lasting impact in the lives of those we serve.

Looking ahead, BGC Dawson is filled with excitement for the future. We remain steadfast in our commitment to empowering and supporting all members of our community. Together, we will continue to evolve, adapt, and innovate, ensuring that every child, youth, and senior has access to the opportunities they need to thrive.

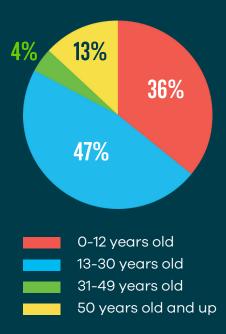
We express our deepest gratitude to each and every member of our community for their support, trust, and belief in our mission. With your continued partnership, we are confident that we will create a brighter and more inclusive future for all.

## Who we are

With deep roots in the Englishspeaking community in Verdun since 1959, BGC Dawson is a safe and supportive community centre that offers a wide range of educational, recreational, and social programs.



## Who we serve



# ‰ bqc Dawson

## our mission

To provide a safe and supportive place where children, youth, adults, and seniors can experience new opportunities, overcome barriers, build positive relationships, and develop confidence and skills for life.

## our Vision

All members of the community discover and achieve their dreams to be healthy, successful, and active participants in society.

## our VOUES

#### 2 belonging

We welcome everyone in a safe, accepting environment based on belonging and positive relationships.



#### respect

We ensure that everyone —children, youth, adults, seniors, volunteers, staff is heard, valued, and treated fairly.





#### encouragement and empowerment

We encourage and support each individual to explore, learn, and develop skills to achieve their dreams.



#### working together

We collaborate with young people, adults, families, seniors, volunteers, organizations and government to support meaningful participation and positive contributions in the community.



#### speaking out

We speak out for children, youth, and families so that we can make our world better.

#### after school programs

digital

stem

literacy

education



homework help



virtual programming

## financial र् education

civic engagement volunteering



scholarships

indigenous initiatives & programs

job readiness

mentoring



# Early Childhood Education

The Early Childhood Education Program provides a safe space for both caregivers and children to learn and grow. In the past year we have focused on child-directed learning and developing our programming based on the interests of our members. Our programming has provided opportunities for each child to learn and make sense of the world at their own capacity surrounded by fun! The curriculum was designed to help the development of gross-motor and finemotor skills, social, emotional and creative development alongside child/ caregiver bonding.

In September, we collaborated with the Verdun Circus School where 11 families had the opportunity to attend a weekly session for 10 weeks to explore circus arts through various motor skills activities.

We offered two new programs this year: Art Attack and Zumbini. Returning program activities included baby massage, Karibou, respite and Saturday Program respite.





Age specific programming was provided through child-directed activities during open room play where children brought their own interest to the group to express what they are observing and learning in the world. Some favorites included construction, shopping, cooking and vehicles. Both children and their caregivers have expressed their LOVE for open room play, as it provides the opportunity to connect with others in a safe and inclusive environment, while children are also working on their social/ emotional development. We are proud of the work we accomplished this year and we look forward to another year of growth and connection!

- 190 hours of respite services
- 10 programs
  - 33 children with memberships
- 11 new families, 9 returning

# Children's Programs

The children's programs are where the fun is! Each elementary school aged child is seen, heard, and engaged in activities that are based on their interests. Separated into three distinct departments; Day camps, After-School and Saturday Program, we were able to provide 163 families quality programs this year.

From Jumpstart to Power Up, our after-school program provided engaging activities that encouraged the global development of each child. We ended the 2021-2022 school year strong and said "goodbye" to 5 grade 6 children who were about to enter high school and transition into the youth programs.





In the summer months you could find us in the parks, swimming at the Natatorium and if it was a Wednesday we were more than likely on an outing exploring the city. Thanks to President's Choice Children's Charity, every child was provided breakfast and afternoon snack each day. Some highlights from Summer Camp 2022 include: 85 children enrolled each week, 7 outings, 20 pool days, 8 theme days, 370 program hours and lots of fun!

The after-school program relaunched in October 2023 with a solid team of 18 animators and 10 interns from Dawson College, Concordia University and McGill University. The Saturday program is one of Verdun's hidden gems where children can come and play with their friends in a less structured environment for 3.5 hours. We ended the fiscal year with Spring Camp that provided 5 days of non-stop fun for 44 members.

883 program hours

163 families



# Youth Programs



#### **558 participants**

102 youth benefited from the Youth Mental Health Initiative

#### 8 specialized activites

42 youth were provided with leadership, internship and employment opportunities

"I've always wanted to go try new things, go on outings but it's so expensive. I can't afford it, so shout out to the Youth Programs for giving us these opportunities and making them free for all of us!" --- Kris, 17 year-old youth member The objectives of the Youth Programs are intentionally adapted to meet the changing needs of the community and population that we serve. We aim to continuously improve our youth social impact by prioritizing youth engagement and community care. We put young people at the heart of our decision-making, we build and work in partnership and promote innovation.

#### 2022-2023 Program highlights:

- Built a new Youth Council with young leaders in the making;
- Facilitated impactful individual and group discussions on mental health issues affecting teens, young adults and young staff through specialized activities like podcasts, music and self-defense;
- Hosted an event celebrating young girls, young women and young femme, nonbinary folks with Project 10 (a new community partner) for International Women's Day;
- Created new partnerships with organizations and mental health professionals;
- Strengthend our partnership with Beurling Academy and collaborated on a few outreach projects like the National Day for Truth and Reconciliation event.



# Seniors 50+

The Seniors Program provides social, educational and recreational programs and services to members of our community over the age of 50. This year, 110 senior members took part in our programs and services.

Our programs are designed to help keep seniors active, both physically and mentally. Moreover, the program strives to instill a sense of belonging among seniors while breaking down social isolation and enhancing overall health and well-being.

In November 2022 a survey was conducted among members of our fitness classes to gain a better understanding of their programming wishes. This process lead to the creation of a Seniors Committee in February 2023 to develop an action plan based on the ideas collected from the survey. We are happy to share that as a result of this process, two new activities were launched this year for seniors: Toning and Pickle-Ball!



#### 110 senior members

- 98 tax returns completed
- 22 recreational activities offered
- 322 hours of physical fitness programming

In October, a group of local artists and a teacher offered Drum Classes to a dozen seniors. This was a huge success that was both educational and fun!

This year, we had the opportunity to partner with Riverview Elementary School for a special intergenerational project through the school's Community Learning Centre. Thirty children interviewed seven seniors on the theme of belonging to Verdun. It was a wonderful exchange as the seniors were delighted to represent their community and share their experiences with the next generation.



# Food & Sustainability

This year, the Food & Sustainability Department's objective was to collaborate with other Verdun organizations involved in urban agriculture and food security initiatives, with the goal of responding to the needs of the most vulnerable members of our community.

Highlights include:

- Continuation and expansion of food production and food recuperation activities through our partnerships with the Verdun Food Circuit and Grand Potager;
- Facilitating Mobile Markets in HLMS (low-income housing for seniors) to ensure that vulnerable and low-mobility seniors have access to fresh, healthy food;
- Production and distribution of pre-made frozen meals at below market prices;
- Launching a new garden site at the Centre de formation Professionnelle de Verdun (CFPV);
- Collaborating with 7 community organizations;
- Providing an average of 65 food baskets each week through our food bank.

This past year Moisson Montreal provided us with 46,000 kg of food representing a value of \$314,318!

- 136 individuals served each week
  - 280 holiday food baskets provided

- 293 meals prepared each month
- 1 new garden site







#### In Memory of Maxwell Parr March 27, 1996 – February 17, 2023



"Wherever a beautiful soul has been, there is a trail of beautiful memories."

Max was full of joy and curiosity. He loved seeing young people gardening and making connections with nature. His beautiful smile caused those looking to instantly smile as well. BGC Dawson and its members are grateful for his valuable contributions to the community.

### Financial Summary

#### **DAWSON COMMUNITY CENTRE BGC DAWSON**

**APRIL 1, 2022 - MARCH 31, 2023** 



CHARITABLE BUSINESS **REGISTRATION NUMBER:** 

106890056 RR 0001

#### **BALANCE SHEET**

March 31, 2023 with comparative information for 2022

	2023	<b>2022</b> (adjusted)
ASSETS		
Current assets:		
Cash	\$ 412,402	\$ 409,594
Short-term investments	372,715	470,750
Debtors	23,229	94,737
Prepaid expenses	9,782	6,814
	\$ 818,128	\$ 981,895
Fixed assets	347,241	277,593
	\$ 1,165,369	\$ 1,259,448
LIABILITIES AND NET ASSETS		
Creditors	\$ 75,674	\$ 91,999
Amount held in trust (fiduciary)	18,912	1,889
Camp revenue paid in advance	-	56,328
Deferred contributions	-	66,240
eferred contributions related o fixed assets	159,114	61,960
	\$ 253,700	\$ 278,416
Net assets:		
Building Renovation Fund	\$ 437,089	\$ 500,000
Owen Dawson Fund	27,265	27,265
Dawson Trust Fund	19,981	19,981
Invested in fixed assets	167,822	215,633
Unrestricted	259,512	218,193
	\$ 911,669	\$ 981,072
	\$ 1,165,369	\$ 1,259,488

#### STATEMENT OF REVENUE AND EXPENSES

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Heating and electricity

Non-recoverable taxes

ACTIVITIES MANAGED AS A FIDUCIARY

Revenues - Centraide Expenses- Centraide

Excess of revenue over

expenses

Insurance

Depreciation of fixed assets

Municipal and school taxes

Association dues and training

Equipment, repairs and website

March 31, 2023 with comparative information for 2022

	2023	<b>2022</b> (adjusted)
REVENUE		
Grants		
Centraide	\$ 270,592	\$ 270,350
BGC Canada	169,606	231,847
Provincial grants	194,664	243,128
Federal grants	34,105	148,882
Municipal grants (Verdun)	60,016	93,278
Mobile Market (Grand Potager)	34,200	69,250
Raise the Grade	35,000	30,100
Activities	186,472	133,462
Private sector program contributions	120,832	110,790
Donations	35,905	46,620
Fundraising and others	2,611	5,834
Membership	5,820	5,433
Interest income	8,654	1,820
Amoritzation of deferred	7,623	13,390
contributions related to fixed assets		
	\$ 1,166,100	\$ 1,404,184
EXPENSES	·	
Salaries	\$ 854,340	\$ 923,474
Other program expenses	157,789	133,069
Professional fees	51,561	35,229
Repairs and maintenance	52,070	32,557
Administrative expenses	29,062	26,948

39,568

16,145

11,948

1.695

10,415

8,950

1,960

1,235,503

(174,587)

174,587

(69,403)

\$

\$

24,601

19,479 14,879

12.083

11,254

4,413

1,105

\$ 1,239,091

(228.062)

165,093

228,062

#### REVENUE

54%

Foundations/ Grants

#### 25%

Government

#### 16.5%

Program Revenue/ Membership

#### 4.5%

Donations/ Other

#### **EXPENSES BY** FUNCTION

86%

Program Delivery

12% Administration

2%

Fund Development

#### THANK YOU

to our major funders, supporters and partners for their outstanding commitment to changing lives





Centraide of Greater Montreal

**SUPPORTERS** 

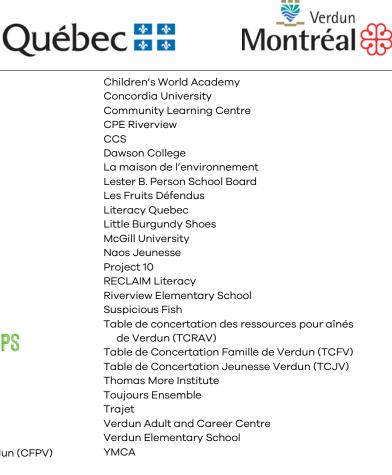
Best Buy Calgary Foundation Canadian Tire Jumpstart Charities Community Health & Social Services Network CIUSSS du Centre-Sud-de-l'Île-de-Montréal CN Employees and Pensioners Community Fund Club Lions de Verdun Concertation en développement social de Verdun Coca Cola Foundation Edelman Canada Erin Sports Association FOCCL Fidelity Investments Fondation Richelieu Verdun GAP **Giant Tiger** Hershey's Canada Hyundai Canada Indigo Love of Reading Isabelle Melançon, MNA Jays Care Foundation Kleenex La Rue Inspire Lester B. Pearson School Board

MAZON Canada Moisson Montréal Montreal Canadiens Children's Foundation Old Navy OSL President's Choice Children's Charity **RBC** Future Launch Southwest United Church St Andrew's Society of Montreal St Matthias' Anglican Church St Patrick's Society TD Friends of the Enviornment Ted Rogers Scholarship Fund Telus University Women's Club of Montreal UPS Wackers Golf Tournament

Canada

#### COLLABORATIVE PARTNERSHIPS

ABC Life Literacy Canada Ancre des jeunes Anglo Family Council **Beurling Academy** Casa CAFL CAUS Centre de formation Professionnelle de Verdun (CFPV)



# Our Team

#### **Board of Directors**

Alicia Mancini President

Marjorie Clarke Vice President

Emani Hamouda\* Treasurer

Ariane Dusablon Secretary

Siméon Bégin

Anne-Claude Gendron\*

Ann Guy

**Jean-Michel Marcotte** 

**Olivier Moreau-Notebaert** 

**Jacquie Walker** 

#### Leadership Team

Luc Mantha Interim Executive Director

**Marie Rousseau** Director of Finance & Administration

**Cindy Cohen** Interim Director of Programs Children's Programs Coordinator

**Darley Polony** Interim Director of Programs Youth Programs Coordinator

#### Full-Time Staff

Joanne Eberlin Administrative Secretary

Marc Paradis Seniors 50+ Program Coordinator

Christopher Curtis-Brunet Maintenance Coordinator

#### **Part-Time Staff**

Lyric Alfaro-Cromwell Katie Anderson \* Titas Banerjee \* Heea Sarah Bani Katerina Bassenden Tanika Bergeron \* Sabrina Bujo-Nagji \* **Emmet Carriere** Kasha Chang \* Elizabeth Connolly Weale \* Sherwin Cumberbatch Arianna De Rosa Jessica Dewling \* **Rachel Dewling** François Di Mauro \* **Kyle Dixon** Kayla Doyle \* Zoe Emard Caroline Filler

Ryan Francom \* Vincent Gardener Sabrina Gear Louise Kanzler\* Christing Koukolas \* Zayden Kunglu Yasmine Labdelli \* Matthew Lafrenière \* Muriel Lavergne \* Auguste Lemesurier \* Jessica Lemus-Coto\* Andrea Lian Josie Lopez Tasha Makis Dayna Martin Kareem Martin Marc McKeown \* Jeremy Methot-Pizzi Totuuven Nguven \*

Jasmyne Nicaisse \* Alexandra Page-Swan Maxwell Parr\* Chad Polito Victoria Porco\* Kristing Pouliezos Brenden Renzelli Lynn Rizzuto \* Hanna Sahinovic Ishiah Samuels \* Mya Shives-Blair \* Daniel Teodori Madison Thomas \* Romy Elyse Tomiuk \* Nathaniel Waplington Gabriel Yufei Wana \* Ciaran Williams \*

Dawson

\* Departures



#### bgcdawson.ca

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